How to Handwash

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB
Duration of the entire procedure: 40 - 60 seconds

0. Wet hands with water
1.Apply enough soap to cover all hand surfaces
2. Rub hands palm to palm
3. Right palm over left dorsum with interlaced fingers and vice versa
4. Palm to palm with fingers interlaced
5. Back of fingers to opposing palms with fingers interlocked
6. Rotational rubbing of left thumb clasped in right palm and vice versa
7. Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa
8. Rinse hands with water
9. Dry hands thoroughly with a single towel
10. Use towel to turn off faucet
11. Your hands are now safe

Source: WHO.